

Personal data

The name	Yaser Mahfouz Atwa Saad Elgohari
Date of Birth	14/12/1969
Nationality	Egypt
Religion	Muslim
The University	Banha
The college	Physical Education
scientific department	Theories and applications of team sports and racket sports
Degree	Professor
Current Position	Football Professor
Social status	Married
Number of children	(2) a girl - (2) a boy



Contact Data

Mobile phone	00201007055595
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Work address	Faculty of Physical Education, Kafr Saad, Benha

Academic qualifications information

Bachelor of Physical Education 1991	Faculty of Physical Education - Zagazig University - General Grade Excellent - Football Major - Grade Excellent
Masters in Physical Education 1997	A training program to develop some basic skills for junior footballers using a proposed training wall, Faculty of Physical Education, Zagazig University
Ph.D. Physical Education 2003	Quantitative and qualitative corporal, cardio - circulatory, cardiorespiratory and metabolic responses of men during / after exhaustive Spiro - ergometer, depending on the state of exercise, the type of sport, and different Loading methods, Faculty 06 Psychology and Sports Science, Justus - Liebig - University of Giessen – Germany

Career progression data	
Demonstrator	Football Division - Games Department - Faculty of Physical Education, Menoufia University from 3/5/1995
Assistant Lecture	Assistant Lecturer - Football Division - Games Department - Faculty of Physical Education, Menoufia University from 30/8/1997
Lecture	Football Division - Games Department - Faculty of Physical Education, Menoufia University from February 29, 2004
Lecture	Football Division - Department of Team Games - Faculty of Physical Education, Benha University, from October 29, 2007
Assistant Professor	Football Division - Team Games Department - Faculty of Physical Education, Benha University from 23/3/2009
Professor	Department of Team and Racquet Sports - Faculty of Physical Education, Benha University, from 31/5/2014
Head of the Department	Team sports and racket sports - Faculty of Physical Education, Benha University, from 23/3/2009
Agent for Education and Student Affairs	Faculty of Physical Education - Benha University from 6/3/2016 to 5/3/2019
Football Professor	Department of Team and Racquet Sports - Faculty of Physical Education, Benha University to date
Leading tasks and assignments in the department	
President	Football Division - Department of Team Sports and Racquet Sports, Faculty of Physical Education - Benha University from 2007 to 2009
Member	Board of the Department of Team and Racquet Sports, Faculty of Physical Education - Benha University 2016, 2018
President	Department of Theories and Applications of Team Sports and Racquet Sports, Faculty of Physical Education - Benha University from 2009 to 2016
Pioneering tasks and assignments at the university	
Lecturer	Faculty Development Center, Benha University, 2016 to date
Member	Member of the Central Anti-Corruption Committee, Benha University, 2018 to date
Pioneering tasks and assignments outside the university	
Member	Organizing Committee of the 37th Congress of Sports Medicine, University (Giessen) - (Germany) 2001
Member	Giessen University Sports Medicine Team - (Germany) 1999 – 2003
Member	Practical and oral examination committees for undergraduate students in the faculties of physical education to date
Member	Qualifying examination committees for PhD students in the faculties of physical education to date
Treasurer	The General Union of Cities Youth Centers 2018 to 2021

Agent	Leaders Preparation Institute in Helwan, July 2019 to July 2020
Member	The Supreme Committee for the Student Union Elections for Egyptian Universities October 2019
Tight	The Scientific Committee for the Promotion of Professors to the Faculties of Physical Education in the thirteenth session 2019-2021
Member	The Scientific Committee for the Promotion of Professors to the Faculties of Physical Education in the thirteenth session 2019-2021

Teaching tasks and assignments (bachelor's stage) at the colleg

Level one	Football - 2010 to date
Second Level	Football - 2008 to date
Third level	Applications of training methods in specialty sports (football)
Fourth level	From 2010 to date

Teaching tasks and assignments (postgraduate stage) at the college

Diploma	Football major - 2016, 2017, 2018
Diploma	Sports Sociology - 2016, 2017
Preliminary Master	Sports Sociology - 2016, 2017
Second master	Football specialization - 2016 to date

Duties and assignments as a university lecturer

University Development Center	Research Ethics - 2016 to date
University Development Center	Scientific Research Methodology - 2016 to date
University Development Center	Integrity, Transparency and Anti-Corruption 2018 to date

Duties and assignments as a lecturer outside the university

Eastern District Football	Skills numbers for soccer players, coaches refinement course 2011
Qalyubia football district	Sports Training Planning, Coach Refinement Course 2013
Sharm El Sheikh club	Massage and sports injuries, from 23 to 30 June 2013
Sports Professions Syndicate in Qalyubia	Harmonic Abilities Training, Refining Trainers Course 2016
Faculty of Physical Education, Al-Arish University	Modern technological methods in football training - Second Division - PhD stage - 2016, 2017

Faculty of Physical Education, Al-Arish University	Evaluation of training programs in football - the second division
Sports Professions Syndicate in Qalyubia	PhD level - 2016, 2017
Faculty of Physical Education, Suez Canal University	Football players physical preparation, coaches training course 2017
Faculty of Physical Education, Suez Canal University	Football coaching for juniors - first level
Eastern District Football	Master's Degree - First Semester 2020
Qalyubia football district	Guided Readings in Football - Level 1
Sharm El Sheikh club	Master's Degree - First Semester 2020
Assignments and assignments outside Egypt	
Sultanate of Oman	Visiting Professor - Department of Physical Education - College of Education Sultan Qaboos University 2012, 2013, 2014
Sultanate of Oman	Players Centers in Football Refining Course for Special Duty Police Coaches 2012
The United Arab Emirates	Training of physical abilities and combinatorial abilities, a training course at the Leadership Development Center in Dubai and in cooperation with the Emirates School Sports Federation 2018
Mutah University Kingdom of Jordan	Arbitration research for promotion to the position of professor at the university 2019
the Hashemite Kingdom of Jordan	Arbitration research for promotion to the position of professor at the university 2021
Supervising scientific theses	
Supervising more than (100) master's and doctoral theses	
Discussing scientific theses	
Discussing more than (100) master's and doctoral theses	
Refereeing scientific journals	
Banha university	Journal of Physical Education Research, College of Physical Education
Zagazig Girls University	Journal of Comprehensive Education Research, College of Physical Education for Girls
Zagazig Boys University	Journal of the College of Physical Education for Boys

Kafr El Sheikh University	Journal of the College of Physical Education
Sadat University	Journal of the College of Physical Education
New Valley University	Journal of the College of Physical Education
Arish University	Journal of the College of Physical Education
Tanta University	Journal of the College of Physical Education
Suez Canal University	Journal of the College of Physical Education
Port Said University	Journal of the College of Physical Education

Scientific missions

External mission for a doctoral degree Justus - Liebig - University of Giessen – Germany From 1999 to 2003

Scientific Conferences

Germany	37th German Congress of Sports Medicine and Prevention, September 26 – 30, 2001
Asyut	The Fourth International Scientific Conference, Modern Trends in Sports Science in the Light of the Labor Market, December 6-7, 2009, Assiut University
Zagazig	The Second International Conference, Field Training in Faculties of Physical Education in the Light of the Quality Assurance and Accreditation Project, March 21-22, 2007, Faculty of Physical Education for Boys, Zagazig University
Tanta	International Creativity Conference, Pharmacological Guidelines for the Future of Arab Sports, November 2012, Faculty of Physical Education, Tanta University
Sharm El-Shaikh	International Creativity Conference, Nanotechnology and the Future of Arab Sports, November 2012, Faculty of Physical Education in Arish, Suez Canal University
Sharm El-Shaikh	The Second International Conference, Scientific Research and Olympic Creativity, November 2013, Faculty of Physical Education in Arish, Suez Canal University
Zagazig	The Fourth Scientific Conference, A future vision for scientific research for the development of Arab sports, February 2017, Faculty of Physical Education, Zagazig University
South Valley University	The Second International Scientific Conference, Challenges of Arab Sports between Citizenship and Terrorism, March 13-15, 2017, Faculty of Physical Education, South Valley University
Sharm El-Shaikh	The First International Scientific Conference, Sports a Message of Peace, April 11-13, 2018, Faculty of Physical Education, Benha University

Sadat City	The Second International Scientific Conference, Sports in the Time of the Pandemic (The Realism of Extension, the Culture of Assumption), 24-25 October 2021, Faculty of Physical Education, Sadat University
Scientific researches	
Yaser Elgohari, Mahmoud Fikri, Hassan Youssef, Mahmoud Rashad (2021)	The level of mental perception and the state of psychological flow among junior footballers, Journal of Physical Education and Sports Sciences, Faculty of Physical Education, Benha University
Yaser Elgohari, Ahmed Shawky, Hani El-Sayed (2021)	The effect of using V-shape maps on learning some basic football skills for preparatory stage students, Journal of Physical Education and Sports Science, Faculty of Physical Education, Benha University
Yaser Elgohari, Mohamed Mahmoud, Ramy Salama (2020)	The effect of mini-games on some individual and compound physical and skill abilities of soccer buds, Journal of Physical Education and Sports Sciences, Faculty of Physical Education, Benha University
Yaser Elgohari, Mohamed Mahmoud, Walid Abdel Moneim (2020)	The effect of training with the smaller ball on some offensive performances of junior footballers, Journal of Physical Education and Sports Sciences, Faculty of Physical Education, Benha University
Mahmoud Yehia, Yaser Elgohari, Yehia Fares (2020)	Building a physical battery to select football juniors under 15 years old, Journal of Physical Education and Sports Science, Faculty of Physical Education, Benha University
Nabil Khalil, Yaser Elgohari, Abdullah Abdel-Rahim (2020)	Evaluation of football academies coaches in the Arab Republic of Egypt, Journal of Physical Education and Sports Sciences, Faculty of Physical Education, Benha University
Yaser Elgohari, Mohamed Mahmoud (2020)	The effect of using interactive combinatorial abilities exercises on learning some complex skills for soccer buds, Journal of Physical Education and Sports Science, Faculty of Physical Education, Benha University
Yaser Elgohari, Muhammad Refaat, Maqbool Al-Balushi (2018)	The profile for scoring goals in the Omani Football League (Omantel League) season 2016/2017, Scientific Journal of Physical Education and Sports Sciences, College of Physical Education for Boys, Helwan University
Yaser Elgohari, Muhammad Refaat, Maqbool Al-Balushi (2018)	Methods of tactical behavior for scoring in the Omani Football League (Omantel League) season 2016/2017, Scientific Journal of Physical Education and Sports Sciences, College of Physical Education for Boys, Helwan University
Yaser Elgohari, Mohamed Moslehi (2017)	A modern computer technique for assessing the individual skill performance of football players, Journal of Science and Sports, Faculty of Physical Education, Sadat University
Al Busafi, M, Elgohari, Y (2014)	Under-representation of Women in Coaching in the gulf cooperation council countries (gcc), international conference on physical education and sport science, lodon

Yaser Elgohari (2013)	The study of Athletic Future Anxiety of Football Players, Scientific research and the Olympic creativity, Sharm El Shaikh
Yaser Elgohari (2013)	The flexibility of the joints of the lower limb and its relation with the frequency and intensity injuries of football juniors, Scientific research and the Olympic creativity, Sharm El Shaikh
Yaser Elgohari, Mohamed Moslehi (2012)	The effect of mini-games on the level of some harmonic abilities of football buds, Faculty of Physical Education, Benha University
Yaser Elgohari, Majid Al-Busafi, Mohamed Moslehi (2011)	A suggested training program using mini-games to improve the level of some physical and skill abilities of soccer buds, Journal of Comprehensive Education Research, Volume Two, Faculty of Physical Education for Girls, Zagazig University
Yaser Elgohari (2011)	Study of the level of physical performance and skill of soccer buds, Scientific Journal of Physical Education, Minia University
Yaser Elgohari (2010)	The effect of using plyometric training and ballistic training on developing some physical traits and basic skills for junior footballers (a comparative study), Journal of Physical and Sports Education Research, Faculty of Physical Education, Benha University
Yaser Elgohari, Amr Abul-Magd, Mohamed Moslehi (2010)	Analytical study of some means of implementing the individual offensive plans of the participating teams in the European Football Championship 2008 AD, Fourth International Scientific Conference, Assiut University
Yaser Elgohari (2008)	Evolution of the level of physical performance efficiency and some circulatory variables for beginners football, Journal of Physical Sciences and Sports, Faculty of Physical Education, Menoufia University
Yaser Elgohari (2007)	Developing combinatorial capabilities to develop the level of performance of some basic skills of football buds, Journal of Physical and Sports Education Research, Faculty of Physical Education, Benha University
Yaser Elgohari , Mustafa Amira (2006)	An evaluation study to predict the level of the physical condition of players in some sports activities, Scientific Journal of Physical Education Sciences, issue ninth, Tanta University
Yaser Elgohari (2006)	Rationing physical loads for athletes using the reactions of the physiological systems of the body, Journal of Comprehensive Education Research, Volume Two, Faculty of Physical Education for Girls, Zagazig University
Yaser Elgohari , Tariq El-Nasiri (2005)	The effect of daily biorhythm on some physical and physiological variables among team game players, Journal of Physical Sciences and Sports, Issue Seven, Volume One, Faculty of Physical Education, Menoufia University
Nowacki, N, Wu, N, Nowacki, P, Elgohari, Y (2005)	Quantitative Cardio Respiratory Parameters – A New Dimension of Spiroergometric Diagnostics, 4th European Sports Medicine Congress
Nowacki, PE, Appel, B, Wu, N, Elgohari, Y (2001)	Physical and cardio- performance capacity of male and female 12-year old students, both untrained / trained, obese / of normal weight, 37th German Congress of Sports Medicine and Prevention, September 26 – 30, B-P 265, S 96

Nowacki, PE, Kim, JH, Elgohari, Y, Nowacki, NS, Wu, N (2001)	PWC170 in childhood and adolescence (7-18 years) and its importance for sport-medicinal performance diagnostics,37th German Congress of Sports Medicine and Prevention, September 26 – 30, B-P 267, S 96
Computer courses and experiences	
2008	International Computer Driving Language Courses (ICDL) - Zagazig University
2009	Computer courses (ICTP) - Benha University
2009	Word Procesing - Benha University
2009	Spreadsheets - Benha University
2009	Using Computers and Managing Files - Benha University
2014	Word 2010 course - Benha University
2014	Internet course - Benha University
Quality and accreditation courses	
2014	A course in quality and accreditation - Benha University
2014	Effective Presentation Course - Benha University
2014	Financial and Legal Aspects Course - Benha University
2014	Scientific Research Marketing Course - Benha University
2018	Evaluation mechanisms and improving the implementation of strategic plans for the faculties of Benha University
2020	Question Banks Course - Measurement and Evaluation Center - Ministry of Higher Education
Foreign language courses	
1999	German language courses - Gotha Institute – Cairo
1999	German Language Courses - Goethe-Institut (Germany)
Training courses	
1995	Specialized Course in Football - Egyptian Olympic Committee - Olympic Academy for Sports Leaders
2001	Course in Sports Injuries - University of (Giessen) - (Germany)
2001	Cardiac Rehabilitation Course - Giessen University - (Germany)
2001	Course in Sports Injuries - University of (Giessen) - (Germany)
2001	Cardiac Rehabilitation Course - Giessen University - (Germany)
2003	Teacher preparation course - Faculty of Education - Menoufia University

2007	Courses to develop the capabilities of faculty members - Menoufia University
2007	International courses in the field of football coaching
2017	Training program in the field of dissemination of procedures for the values of integrity, transparency, awareness and the dangers of corruption and ways to prevent it - Administrative Control Authority – Egypt
2018	National Security Education Course - Nasser Military Academy – Egypt
2020	Excellence Forum for Sports Culture
2020	The Virtual Arab Forum for Football Academies
2021	Leadership and Influence course
Practical experiences	
1991 :1984	Football player for Al Sharqia Sports Club team
1986	Football player in the Eastern Province team
1990	Football player in the Faculty of Physical Education - Zagazig University
1999 :1995	Football team coach - Faculty of Physical Education - Menoufia University
2012 :2010	Member of the Board of Directors of the Egyptian Football Association branch in Sharkia Governorate
2010 :2009	Member of the Technical Committee of the Egyptian Football Association branch in Cairo Governorate
2011 :2009	Technical Director of the Baraem Football Sector at the Arab Contractors Club
2017 : 2008	Technical Director of the Football Team - Faculty of Physical Education - Benha University